

# MPS-UCL Symposium and Advanced Course on Computational Psychiatry and Ageing Research

Ringberg Castle, Bavaria, Germany



### The Bayesian brain, free energy and psychopathology

Karl Friston
University College London

#### **Abstract**

How much about our interactions with – and experience of – our world can be deduced from basic principles? This talk reviews recent attempts to understand the self-organised behaviour of embodied agents, like ourselves, as satisfying basic imperatives for sustained exchanges with the environment. In brief, one simple driving force appears to explain many aspects of perception and action – the minimisation of surprise or prediction error. In the context of perception, this corresponds to Bayes-optimal predictive coding (that suppresses exteroceptive prediction errors) and – in the context of action – reduces to classical motor reflexes (that suppress proprioceptive prediction errors). We will look at some of the phenomena that emerge from this single principle; such as perceptual synthesis and action selection. I will focus on the key role of precision in making predictions under uncertainty. Neurobiologically, precision may be encoded by the postsynaptic gain of neuronal populations reporting prediction error and is a clear target of neuromodulatory pathologies implicated in many psychiatric disorders. I hope to illustrate this using simulations of hallucinations and failures of affordance, of the sort seen schizophrenia and Parkinson's disease.

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### Overview

The free-energy principle

Action and perception Generative models

Predictive coding

Perception

Birdsong and attractors

Deep models

Simulated lesions and false inference

Action

Affordance and attractors

Deep models

Simulated lesions and false inference



"Objects are always imagined as being present in the field of vision as would have to be there in order to produce the same impression on the nervous mechanism" - von Helmholtz



Richard Gregory



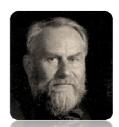


Geoffrey Hinton



Thomas Bayes

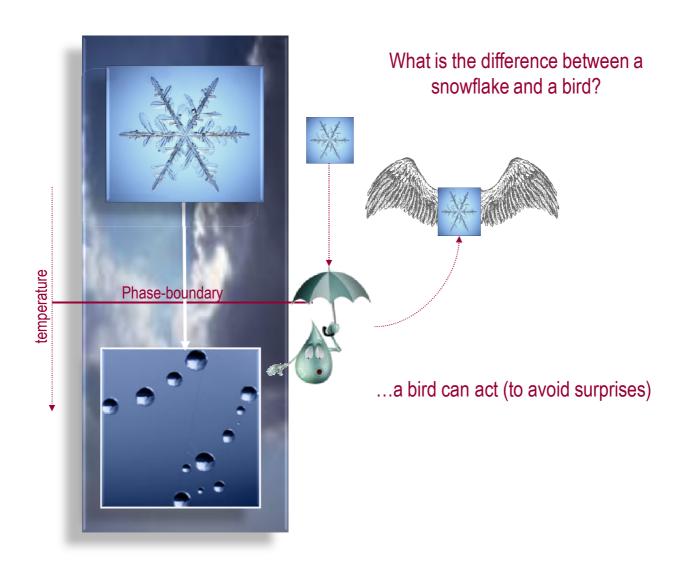
From the Helmholtz machine to the Bayesian brain and self-organization



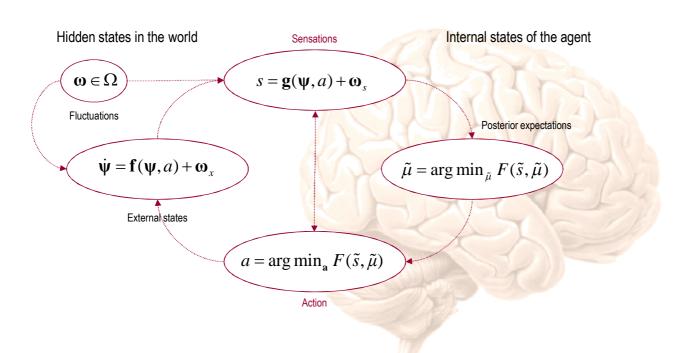
Hermann Haken



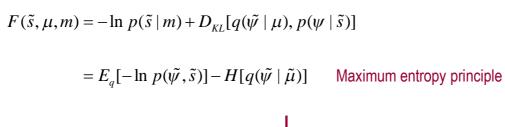
Richard Feynman



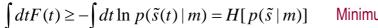
### The basic ingredients



### The principle of least free energy (and minimising surprise)



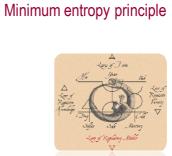


















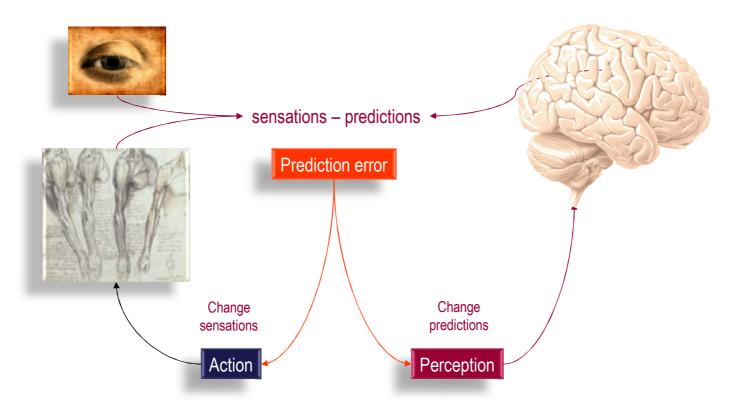






Self organisation and the principle of least action

### How can we minimize surprise (prediction error)?



...action and perception minimise free energy

## Posterior distribution Action as inference – the "Bayesian thermostat" $p(\psi \mid s)$ Prior distribution $p(\psi)$ Likelihood distribution $p(s|\psi)$ $\Pi_s$ 20 40 temperature $\mu(t) \eta(t)$ $s = \mathbf{g}(\psi) + \omega$ a(t)

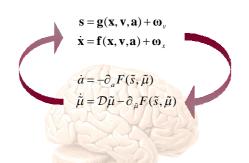
Perception 
$$\mu = \underset{\mu}{\arg\min} F(s,\mu,\eta) = \underset{\mu}{\arg\min} \left\{ \Pi_s(s(a) - g(\mu))^2 + \Pi_\eta(\mu - \eta)^2 \right\}$$
 Action 
$$a = \underset{a}{\arg\min} F(s,\mu,\eta) = \underset{a}{\arg\min} \left\{ \Pi_s(s(a) - g(\mu))^2 + \Pi_\eta(\mu - \eta)^2 \right\}$$

### Free energy minimisation

### Generative model

### **---**

### Predictive coding with reflexes



$$s = g^{(1)}(x^{(1)}, v^{(1)}) + \omega_v^{(1)}$$

$$\dot{x}^{(1)} = f^{(1)}(x^{(1)}, v^{(1)}) + \omega_x^{(1)}$$

$$\vdots$$

$$v^{(i-1)} = g^{(i)}(x^{(i)}, v^{(i)}) + \omega_v^{(i)}$$

$$\dot{x}^{(i)} = f^{(i)}(x^{(i)}, v^{(i)}) + \omega_x^{(i)}$$

$$\vdots$$

$$\begin{split} \xi_{v}^{(i)} &= \Pi_{v}^{(i)} \tilde{\varepsilon}_{v}^{(i)} = \Pi_{v}^{(i)} (\tilde{\mu}_{v}^{(i-1)} - g^{(i)} (\tilde{\mu}_{x}^{(i)}, \tilde{\mu}_{v}^{(i)})) \\ \xi_{x}^{(i)} &= \Pi_{x}^{(i)} \tilde{\varepsilon}_{x}^{(i)} = \Pi_{x}^{(i)} (\mathcal{D} \tilde{\mu}_{x}^{(i)} - f^{(i)} (\tilde{\mu}_{x}^{(i)}, \tilde{\mu}_{v}^{(i)})) \\ \dot{\tilde{\mu}}_{v}^{(i)} &= D \tilde{\mu}_{v}^{(i)} - \partial_{v} \tilde{\varepsilon}^{(i)} \cdot \xi^{(i)} - \xi_{v}^{(i+1)} \\ \dot{\tilde{\mu}}_{x}^{(i)} &= D \tilde{\mu}_{x}^{(i)} - \partial_{x} \tilde{\varepsilon}^{(i)} \cdot \xi^{(i)} \\ \dot{a} &= -(\partial_{a} \tilde{\varepsilon}_{v}^{(1)}) \cdot \xi_{v}^{(1)} \end{split}$$





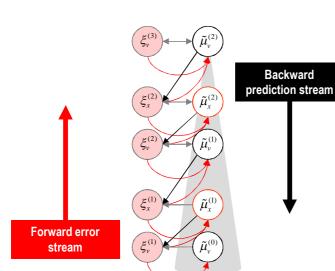
### From models to perception

**Expectations:** 

Predictions:

Prediction errors:

#### A simple hierarchy



pa(i) = i

 $\tilde{s} = \tilde{v}^{(0)}$ 

### Generative model

$$\begin{split} D\tilde{\boldsymbol{x}}^{(i)} &= \boldsymbol{f}^{(i)}(\tilde{\boldsymbol{x}}^{(i)}, \tilde{\boldsymbol{v}}^{(i)}) + \tilde{\boldsymbol{\omega}}_{\boldsymbol{x}}^{(i)} \\ \tilde{\boldsymbol{v}}^{(i-1)} &= \boldsymbol{g}^{(i)}(\tilde{\boldsymbol{x}}^{(i)}, \tilde{\boldsymbol{v}}^{(i)}) + \tilde{\boldsymbol{\omega}}_{\boldsymbol{v}}^{(i)} \end{split}$$

### Model inversion (inference)

$$\begin{split} \dot{\tilde{\mu}}_{v}^{(i)} &= D\tilde{\mu}_{v}^{(i)} - \partial_{v}\tilde{\varepsilon}^{(i)} \cdot \xi^{(i)} - \xi_{v}^{(i+1)} \\ \dot{\tilde{\mu}}_{v}^{(i)} &= D\tilde{\mu}_{v}^{(i)} - \partial_{v}\tilde{\varepsilon}^{(i)} \cdot \xi^{(i)} \end{split}$$

$$g^{(i)} = g^{(i)}(\tilde{\mu}_x^{(i)}, \tilde{\mu}_v^{(i)})$$
  
 $f^{(i)} = f^{(i)}(\tilde{\mu}_x^{(i)}, \tilde{\mu}_v^{(i)})$ 

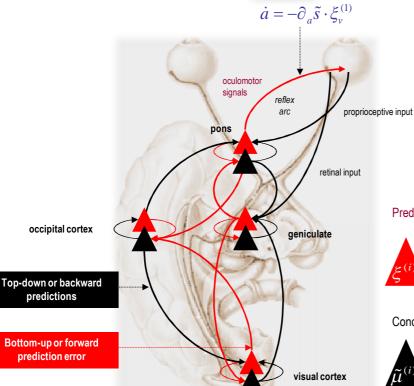
$$\begin{split} \xi_{\nu}^{(i)} &= \Pi_{\nu}^{(i)} \tilde{\varepsilon}_{\nu}^{(i)} = \Pi_{\nu}^{(i)} (\tilde{\mu}_{\nu}^{(i-1)} - g^{(i)}) \\ \xi_{x}^{(i)} &= \Pi_{x}^{(i)} \tilde{\varepsilon}_{x}^{(i)} = \Pi_{x}^{(i)} (\mathcal{D} \tilde{\mu}_{x}^{(i)} - f^{(i)}) \end{split}$$

### Predictive coding with reflexes

predictions

prediction error



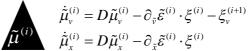


### Perception

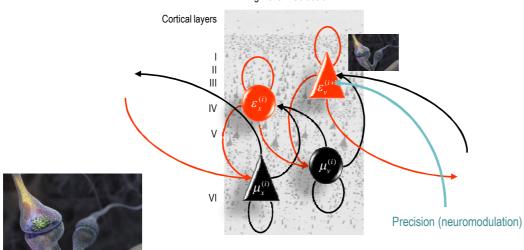
Prediction error (superficial pyramidal cells)

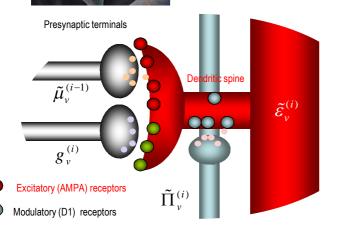


Conditional predictions (deep pyramidal cells)



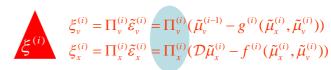
#### high level macrocolumn



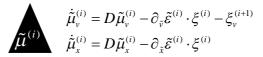


Inhibitory (GABA<sub>A</sub>) receptors

Prediction error (superficial pyramidal cells)



Conditional predictions (deep pyramidal cells)





Biological agents resist the second law of thermodynamics

They must minimize their average surprise (entropy)

They minimize surprise by suppressing prediction error (free-energy)

Prediction error can be reduced by changing predictions (perception)

Prediction error can be reduced by changing sensations (action)

Perception entails recurrent message passing in the brain to optimize predictions

Action makes predictions come true (and minimizes surprise)

Both action and perception depend the precision of prediction errors



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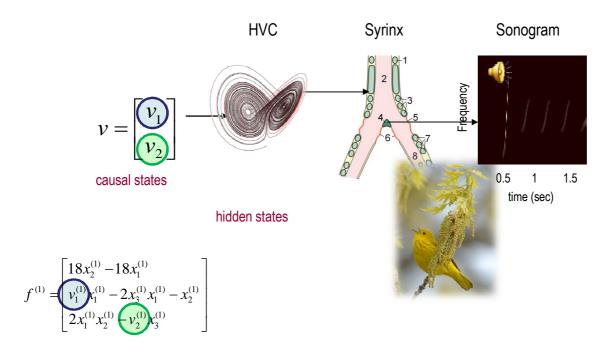
Affordance and attractors

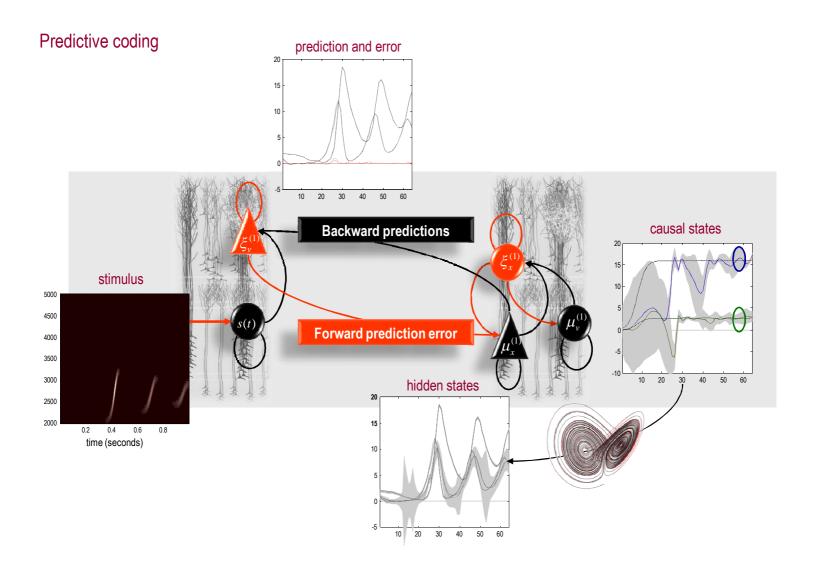
Deep models

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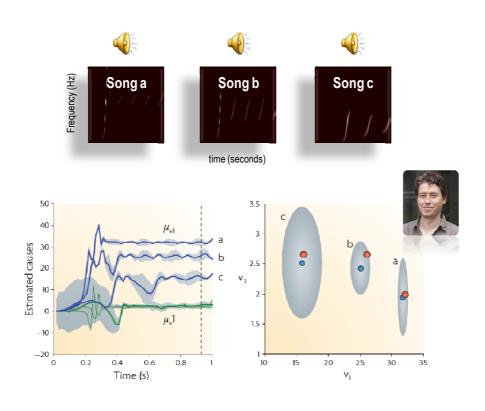
## Generating bird songs with attractors



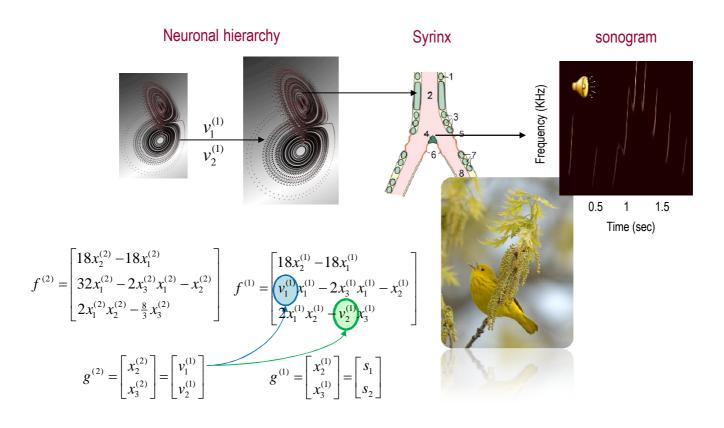




## Perceptual categorization



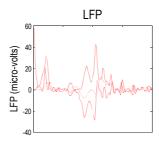
### Hierarchical attractors: sequences of sequences





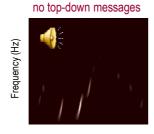
### Neuromodulatory lesions and false inference

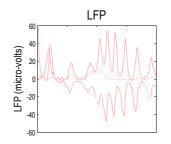




$$\begin{split} \dot{\tilde{\mu}}_{v}^{(i)} &= \mathcal{D}\tilde{\mu}_{v}^{(i)} - \partial_{\tilde{v}}\tilde{\varepsilon}^{(i)} \cdot \Pi^{(i)}\tilde{\varepsilon}^{(i)} - \Pi_{v}^{(i+1)}\tilde{\varepsilon}_{v}^{(i+1)} \\ \dot{\tilde{\mu}}_{x}^{(i)} &= \mathcal{D}\tilde{\mu}_{x}^{(i)} - \partial_{\tilde{x}}\tilde{\varepsilon}^{(i)} \cdot \Pi^{(i)}\tilde{\varepsilon}^{(i)} \end{split}$$

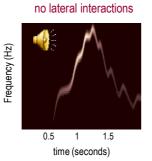
no structural priors

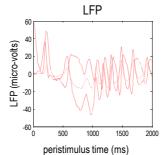




$$\begin{split} \dot{\tilde{\mu}}_{v}^{(i)} &= \mathcal{D}\tilde{\mu}_{v}^{(i)} - \partial_{\tilde{v}}\tilde{\varepsilon}^{(i)} \cdot \Pi^{(i)}\tilde{\varepsilon}^{(i)} - \Pi_{v}^{(i+1)}\tilde{\varepsilon}_{v}^{(i+1)} \\ \dot{\tilde{\mu}}_{x}^{(i)} &= \mathcal{D}\tilde{\mu}_{x}^{(i)} - \partial_{\tilde{x}}\tilde{\varepsilon}^{(i)} \cdot \Pi^{(i)}\tilde{\varepsilon}^{(i)} \end{split}$$

no dynamical priors





$$\begin{split} \dot{\tilde{\mu}}_{v}^{(i)} &= \mathcal{D}\tilde{\mu}_{v}^{(i)} - \partial_{v}\tilde{\varepsilon}^{(i)} \cdot \Pi^{(i)}\tilde{\varepsilon}^{-1} - \Pi_{v}^{(i+1)}\tilde{\varepsilon}_{v}^{(i+1)} \\ \dot{\tilde{\mu}}_{x}^{(i)} &= \mathcal{D}\tilde{\mu}_{x}^{(i)} - \partial_{x}\tilde{\varepsilon}^{(i)} \cdot \Pi^{(i)}\tilde{\varepsilon}^{(i)} \end{split}$$



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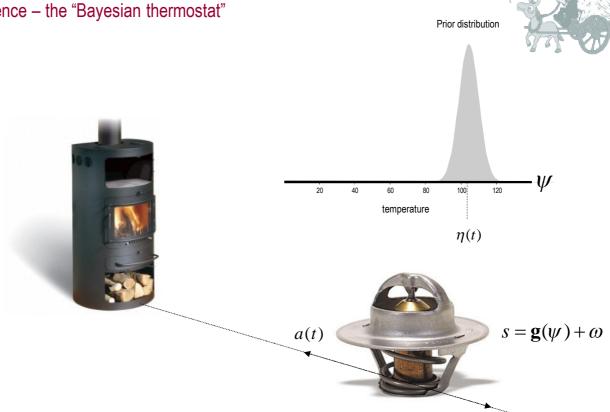
Action

Affordance and attractors

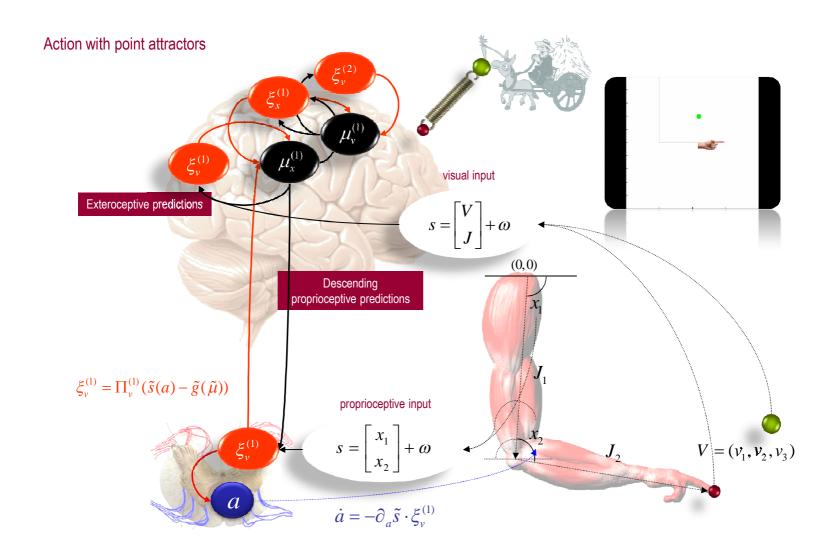
Deep models

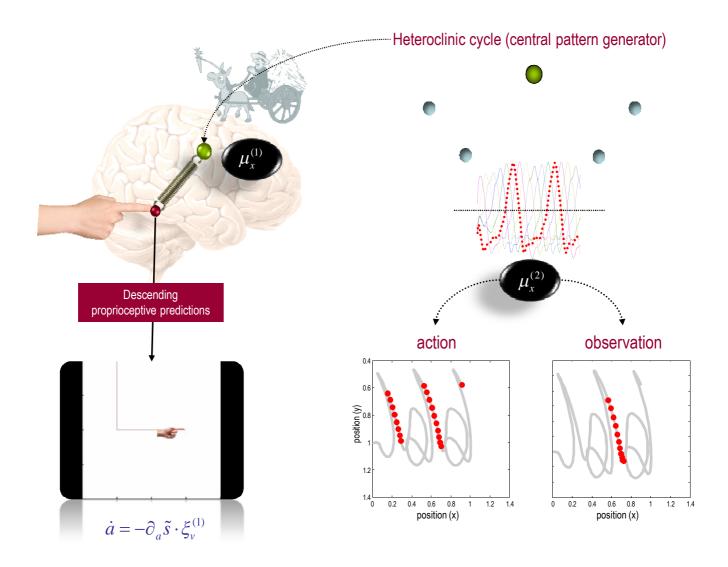
Simulated lesions and false inference

### Action as inference – the "Bayesian thermostat"

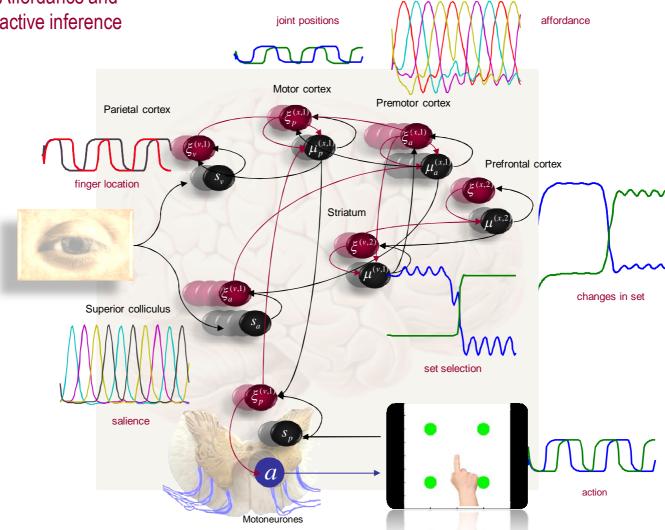


Perception 
$$\mu = \underset{\mu}{\arg\min} \, F(s,\mu,\eta) = \underset{\mu}{\arg\min} \left\{ \Pi_s (s(a) - g(\mu))^2 + \Pi_\eta (\mu - \eta)^2 \right\}$$
 Action 
$$a = \underset{\mu}{\arg\min} \, F(s,\mu,\eta) = \underset{\mu}{\arg\min} \left\{ \Pi_s (s(a) - g(\mu))^2 + \Pi_\eta (\mu - \eta)^2 \right\}$$

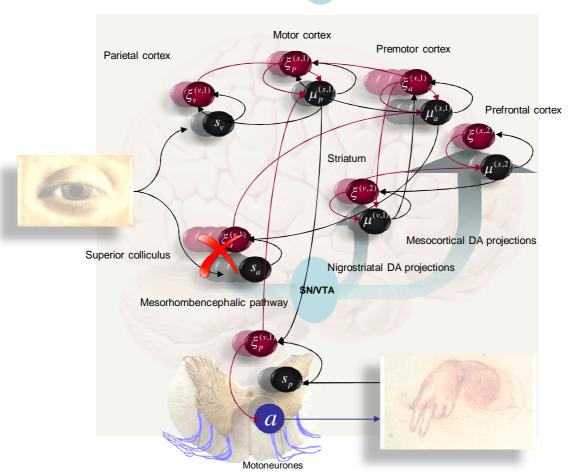








$$\begin{split} \xi^{(v,i)} &= \Pi^{(v,i)} \tilde{\varepsilon}^{(v,i)} = \Pi^{(v,i)} (\tilde{\mu}^{(v,i-1)} - \tilde{g}^{(i)}) \\ \xi^{(x,i)} &= \Pi^{(x,i)} \tilde{\varepsilon}^{(x,i)} = \Pi^{(x,i)} (\mathcal{D} \tilde{\mu}^{(x,i)} - \tilde{f}^{(i)}) \end{split}$$

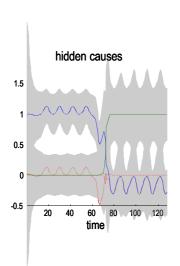


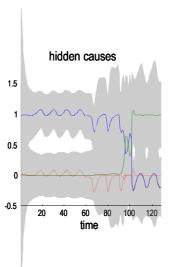


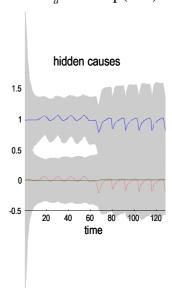
$$\tilde{\Pi}_a^{(1,\nu)} = \exp(5.0)$$

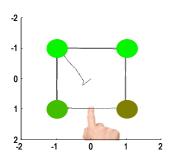
$$\tilde{\Pi}_a^{(1,v)} = \exp(3.5)$$

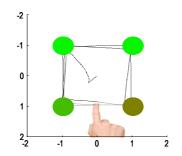
$$\tilde{\Pi}_a^{(1,v)} = \exp(2.5)$$

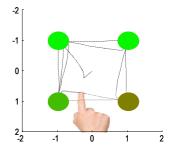






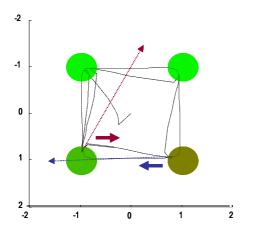


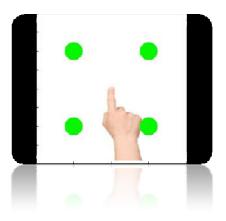






## Uncertainty and perseveration

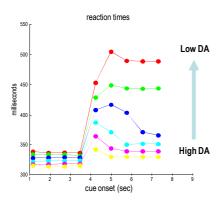


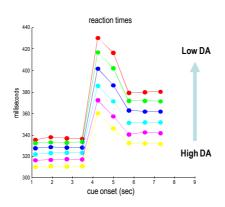


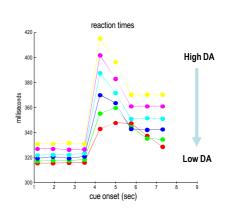
### salience

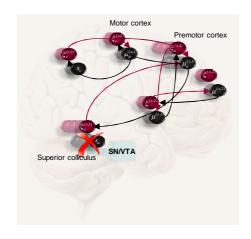
### proprioception

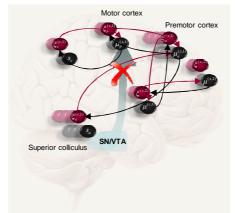
### affordance

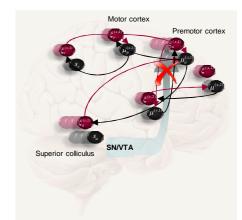






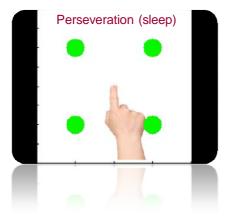


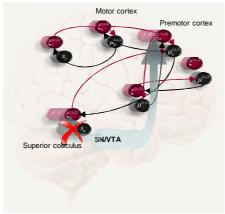




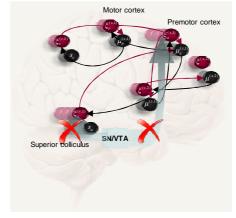


## Uncertainty, perseveration and disorganisation











## Thank you

#### And thanks to collaborators:

Rick Adams

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Sven Bestmann

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Harriet Brown

Lee Harrison

Tom FitzGerald

Stefan Kiebel

James Kilner

Jérémie Mattout

Read Montague

Rosalyn Moran

Will Penny

Klaas Stephan

### And colleagues:

Andy Clark

Peter Dayan

Jörn Diedrichsen

Ray Dolan

Paul Fletcher

Pascal Fries

Geoffrey Hinton

James Hopkins

Jakob Hohwy

Henry Kennedy

Paul Verschure

Florentin Wörgötter

And many others

### Free-energy minimization and the dark-room problem

#### Karl Friston<sup>1</sup>, Christopher Thornton<sup>2</sup> and Andy Clark<sup>3</sup>\*

- <sup>1</sup> The Wellcome Trust Centre for Neuroimaging, University College London, London, UK
- <sup>2</sup> Informatics, University of Sussex, Brighton, UK
- <sup>3</sup> School of Philosophy, Psychology, and Language Sciences, University of Edinburgh, Edinburgh, UK



Searching to test hypotheses – life as an efficient experiment

$$H(S, \Psi) = H(S \mid m) + H(\Psi \mid S)$$

$$= \underbrace{E_t[-\ln p(\tilde{s}(t) \mid m)]}_{\text{Free energy principle}} + \underbrace{E_t[H(\Psi \mid S = \tilde{s}(t))]}_{\text{minimise uncertainty}}$$

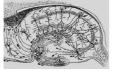
$$\tilde{\eta}(t) = \arg \min_{\tilde{\eta}} \{H[q(\tilde{\psi} \mid \tilde{\mu}, \tilde{\eta})]\}$$

### Time-scale



 $10^{-3} s$ 

 $10^{\circ} s$ 



 $10^3 s$ 



 $10^6 s$ 



 $10^{15}$ 

### Free-energy minimisation leading to...

**Perception and Action:** The optimisation of neuronal and neuromuscular activity to suppress prediction errors (or free-energy) based on generative models of sensory data.

**Learning and attention:** The optimisation of synaptic gain and efficacy over seconds to hours, to encode the precisions of prediction errors and causal structure in the sensorium. This entails suppression of free-energy over time.

**Neurodevelopment:** Model optimisation through activitydependent pruning and maintenance of neuronal connections that are specified epigenetically

**Evolution:** Optimisation of the average free-energy (free-fitness) over time and individuals of a given class (e.g., conspecifics) by selective pressure on the epigenetic specification of their generative models.